Hinged Knee Brace

Product description
Designed to provide firm support during physical activities. A snug fit to the knee for your comfort, this firm support does not restrain movements and lessens the risk of injuries during activity. Lateral hinges provide effective support and increase safety; the removable cushion around the patella opening stabilizes the patella and disengages the kneecap to avoid direct pressure on the knee. Specially designed to support the Anterior Cruciate Ligament (ACL), it may also be used for many different patella problems, including Chondromalacia, Patella Tendonitis, Subluxation and Dislocation. Neoprene retains body heat, increases blood circulation, and helps keep muscles supple.

Characteristics
- Removable hinges provide a 180° extension
- Patella opening with removable cushion
- Back opening to enable flexion
- Neoprene covered with brushed nylon and terry cloth interior
- Colour: black

Available sizes

<table>
<thead>
<tr>
<th>CODE</th>
<th>KNEE CIRCUMFERENCE</th>
<th>SIZE</th>
</tr>
</thead>
<tbody>
<tr>
<td>9449</td>
<td>30 - 40 cm (12&quot; - 16&quot;)</td>
<td>SMALL/MEDIUM</td>
</tr>
<tr>
<td>9450</td>
<td>40 - 52 cm (16&quot; - 21&quot;)</td>
<td>LARGE/XLARGE</td>
</tr>
<tr>
<td>9451</td>
<td>52 - 63 cm (21&quot; - 25&quot;)</td>
<td>XXLARGE</td>
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</tbody>
</table>

To determine proper size, measure the circumference at the mid-section of the knee joint. If the result is between two sizes, choose the largest.

Adjustment
Wrap around the knee, and attach the bottom Velcro® first. Detach removable hinges on each side, and place them to properly stabilize knee ligaments (step 1). Make sure the opening on the knee brace is around the patella before attaching the top Velcro® (step 2). You should be able to bend your knee without blocking blood circulation.

Cleaning
Wash by hand with mild soap and air-dry.

Caution: If pain should persist, or if you wish to know more about how to use this product, consult a health specialist.